

IOWA STATE UNIVERSITY

College of Human Sciences

Kinesiology and Health Major

Transfer Planning Guide for

Des Moines Area Community College

Based on the Iowa State University 2019-20 Catalog

Updated January 2019

The courses listed below can be taken at Des Moines Area Community College to satisfy requirements of the Kinesiology & Health major at Iowa State University, specifically for individuals pursuing physical education. This document was accurate on the date it was prepared, but may not reflect subsequent changes by Iowa State or DMACC. For this reason, this transfer plan should be used as a guide only, and should not replace contact with a DMACC adviser and an Iowa State adviser. For clarification or additional information regarding this ISU curriculum contact:

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No more than 65 semester credit hours earned at a two-year college can be applied to a baccalaureate degree at Iowa State University. Iowa State will accept up to 16 semester hours of credit earned in vocational-technical courses if the sending community college accepts such courses toward its Associate in Art or Associate in Science degrees.

DMACC

COURSE #	COURSE	ISU Equivalent	Credits
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Communication Skills (required - need grade of "C" or better in composition courses)

ENG 105	Composition I	ENGL 150	3
ENG 106	Composition II	ENGL 250	3
SDV 171	Library Instruction	LIB 160	1
SPC 101	Fundamentals of Oral Communication	SP CM 212	3

Humanities (6 credits)

It is recommended that physical education students dual-list their humanities courses. This means one humanities course would also fulfill the International Perspective (IP) requirement, and the other humanities course would fulfill the U.S. History/American Government requirement.

FLA 142	Elementary Arabic II	ARABC 102 (IP)	4
FLA 241	Intermediate Arabic I	ARABC 201 (IP)	4
FLA 242	Intermediate Arabic II	ARABC 202X (IP)	4
FLC 142	Elementary Chinese II	CHIN 102 (IP)	4
FLC 241	Intermediate Chinese I	CHIN 201 (IP)	4
FLC 242	Intermediate Chinese II	CHIN 202 (IP)	4
FLF 142	Elementary French II	FRNCH 102 (IP)	5
FLF 241	Intermediate French I	FRNCH 201 (IP)	4
FLF 242	Intermediate French II	FRNCH 202 (IP)	4
FLG 142	Elementary German II	GER 102 (IP)	4
FLG 241	Intermediate German I	GER 201 (IP)	4
FLG 242	Intermediate German II	GER 202 (IP)	4
FLS 152	Elementary Spanish II	SPAN 102 (IP)	5
FLS 241	Intermediate Spanish I	SPAN 201 (IP)	4
FLS 242	Intermediate Spanish II	SPAN 202 (IP)	4
HIS 112	West Civ: Ancient to Early Modern	HIST 201 (IP)	4

HIS 113	West Civ: Early Modern to Present	HIST 202 (IP)	4
HIS 150	U.S. History to 1877	HIST 221 (American History)	4
HIS 153	U.S. History since 1877	HIST 222 (American History)	4
HIS 249	Study Abroad: British Life and Culture	HIST 2T** (IP)	4
MUS 100	Music Appreciation	MUSIC 102 (IP)	3
REL 101	Survey of World Religions	RELIG 205 (IP)	3

Social Sciences (required)

PSY 121	Developmental Psychology	PSYCH 230	3
SOC 110	Introduction to Sociology	SOC 134	3

Biological Sciences (required)

BIO 168*	Anatomy and Physiology I	BIOL 255, 255L	4
BIO 173*	Anatomy and Physiology II	BIOL 256, 256L	4

***BIO 168 & 173 both need to be taken to transfer as BIOL 255, 255L & BIOL 256, 256L**

Kinesiology Requirements (required)

PEH 102	Health	H S 110	3
PEA 144	Physical Fitness & Conditioning	KIN 258	2

PHYSICAL EDUCATION TEACHER EDUCATION LICENSURE (PEL)

ECE 130	Emergency Care	H S 105	1
EDU 213	Introduction to Education	EDUC 204	3
MAT 121 or	College Algebra	MATH 140	4
MAT 129 or	Precalculus	MATH 1T**	5
MAT 130 or	Trigonometry	MATH 1T**	3
MAT 141 or	Finite Mathematics	MATH 104	4
MAT 211 or	Calculus I	MATH 165	5
MAT 157	Statistics	STAT 101	4
PHY 106 or	Survey of Physics	PHYS 1T**	4
PHY 160	General Physics I	PHYS 111	5

5-12 HEALTH ENDORSEMENT (Optional)

BIO 151	Nutrition	FS HN 167	3
PSY 261	Human Sexuality	HD FS 276	3

Graduation Requirements -- a minimum of 124 credits must be earned to graduate with no more than 65 credits applied from community college work. In addition, 46 credits from 300+ course work must also be completed. A Bachelor of Science degree in Kinesiology and Health is awarded upon completion of coursework at Iowa State University.