

IOWA STATE UNIVERSITY
College of Human Sciences
Kinesiology and Health Major

Transfer Planning Guide for
Southwestern Community College
Based on the Iowa State University 2019-20 Catalog
Updated January 2019

The courses listed below can be taken at Southwestern Community College to satisfy requirements of the Kinesiology and Health major at Iowa State University, specifically for individuals pursuing physical education. This document was accurate on the date it was prepared, but may not reflect subsequent changes by Iowa State or Southwestern Community. For this reason, this transfer plan should be used as a guide only, and should not replace contact with a Southwestern Community adviser and an Iowa State adviser. For clarification or additional information regarding this ISU curriculum contact:

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No more than 65 semester credit hours earned at a two-year college can be applied to a baccalaureate degree at Iowa State University. Iowa State will accept up to 16 semester hours of credit earned in vocational-technical courses if the sending community college accepts such courses toward its Associate in Art or Associate in Science degrees.

SCC

COURSE #	COURSE	ISU Equivalent	Credits
Communication Skills (required - need grade of "C" or better in composition courses)			

ENG 105	Composition I	ENGL 150	3
ENG 106	Composition II	ENGL 250	3
SPC 101 or	Fundamentals of Oral Communication	SP CM 212	3
SPC 112	Public Speaking	SP CM 212	3

Humanities (6 credits)

It is recommended that physical education students dual-list their humanities courses. This means one humanities course would also fulfill the International Perspective (IP) requirement, and the other humanities course would fulfill the U.S. History/American Government requirement.

ART 203	Art History I	ART H 280 (IP)	3
ART 204	Art History II	ART H 281 (IP)	3
FLS 142	Elementary Spanish II	SPAN 102 (IP)	4
FLS 231	Intermediate Spanish I	SPAN 201 (IP)	3
HIS 110	West Civilization: Ancient to Early Modern	HIST 201 (IP)	3
HIS 111	West Civilization: Early Modern to Present	HIST 202 (IP)	3
HIS 151	U.S. History to 1877	HIST 221 (American History)	3
HIS 152	U.S. History since 1877	HIST 222 (American History)	3
MUS 100	Music Appreciation	MUSIC 102 (IP)	3
REL 101	Survey of World Religions	RELIG 205 (IP)	3

Social Sciences (required)

PSY 121	Developmental Psychology	PSYCH 230	3
SOC 110	Introduction to Sociology	SOC 134	3

Biological Sciences (required)

*BIO 168	Human Anatomy and Physiology I with Lab	BIOL 1T**	4
*BIO 173	Human Anatomy and Physiology II with Lab	BIOL 1T**	4

***BIO 168 & 173 both need to be taken to transfer as BIOL 255, 255L & BIOL 256, 256L**

PHYSICAL EDUCATION TEACHER EDUCATION LICENSURE (PEL)

PEH 141 or	First Aid	H S 105	2
PEH 142	First Aid	H S 105	3
EDU 210 or	Foundations of Education	EDUC 204	3
EDU 213	Introduction to Education	EDUC 204	3
EDU 255	Technology in the Classroom	EDUC 201 (substitute for EDUC 202)	3
MAT 120 or	College Algebra	MATH 140	3
MAT 121 or	College Algebra	MATH 140	3
MAT 127 or	College Algebra and Trigonometry	MATH 1T**	5
MAT 128 or	Precalculus	MATH 1T**	4
MAT 210 or	Calculus I	MATH 165	4
MAT 156	Statistics	STAT 104	3
PHY 110 or	Survey of Physics I	PHYS 1T**	3
PHY 162	College Physics with Lab	PHYS 111	4

5-12 HEALTH ENDORSEMENT (Optional)

BIO 151	Nutrition	FS HN 167	3
CRJ 207	Drug Use and Abuse	H S 215	3
PSY 261	Human Sexuality	HD FS 276	3

Graduation Requirements -- a minimum of 124 credits must be earned to graduate with no more than 65 credits applied from community college work. In addition, 46 credits from 300+ course work must also be completed. A Bachelor of Science degree in Kinesiology and Health is awarded upon completion of coursework at Iowa State University.