

IOWA STATE UNIVERSITY

College of Human Sciences
Kinesiology and Health Major

Transfer Planning Guide for Eastern Iowa Community College District

Clinton Muscatine Scott

Based on the Iowa State University 2019-2020 General Catalog

Updated May 2019

The courses listed below can be taken at Eastern Iowa Community College to satisfy requirements of the Kinesiology and Health major at Iowa State University. This document was accurate on the date it was prepared, but may not reflect subsequent changes by Iowa State or Eastern Iowa Community College. For this reason, this transfer plan should be used as a guide only, and should not replace contact with an Eastern Iowa Community adviser and an Iowa State adviser. For clarification or additional information regarding this ISU curriculum contact:

Marsha Wissink
(515) 294-2029
mwissink@iastate.edu

No more than 65 semester credit hours earned at a two-year college can be applied to a baccalaureate degree at Iowa State University. Iowa State will accept up to 16 semester hours of credit earned in vocational-technical courses if the sending community college accepts such courses toward its Associate in Art or Associate in Science degrees.

EICC	COURSE #	COURSE	ISU Equivalent	Credits
------	----------	--------	----------------	---------

Communication Skills (required - need grade of "C" or better in composition courses)				
--	--	--	--	--

ENG 105 or	Composition I	ENGL 150	3
ENG 107	Composition I: Technical Writing	ENGL 150	3
ENG 106 or	Composition II	ENGL 250	3
ENG 108	Composition II: Technical Writing	ENGL 250	3
SPC 111, 112	Public Speaking	SP CM 212	2-3

Humanities (6 credits from any classes below)				
---	--	--	--	--

ISU students must complete a 3 credit course fulfilling U.S. Diversity (USD) and a 3 credit course fulfilling International Perspectives (IP) requirements. Humanities courses that also fulfill these university requirements are indicated below with the ISU equivalent.

ART 101	Art Appreciation	ART 1T**	3
ART 203	Art History I	ART H 280 (IP)	3
ART 204	Art History II	ART H 281 (IP)	3
CLS 121	Studies in Non-Western Culture	HUM 1T**	3
CLS 150	Latin American History and Culture	HUM 1T**	3
DRA 101	Introduction to Theatre	THTRE 106	3
EDU 235	Children's Literature	HD FS 240 (USD)	3
FLF 141	Elementary French I	FRNCH 101	4
FLF 142	Elementary French II	FRNCH 102 (IP)	4
FLF 231/241	Intermediate French I	FRNCH 201 (IP)	3 or 4
FLF 232/242	Intermediate French II	FRNCH 202 (IP)	3 or 4
FLG 141	German I	GER 101	4
FLG 142	German II	GER 102 (IP)	4
FLS 141	Elementary Spanish I	SPAN 101	4
FLS 142	Elementary Spanish II	SPAN 101 (IP)	4
FLS 231	Intermediate Spanish I	SPAN 201 (IP)	3
FLS 232	Intermediate Spanish II	SPAN 202 (IP)	3
FLS 241	Intermediate Spanish I	SPAN 201 (IP)	4
FLS 242	Intermediate Spanish II	SPAN 202 (IP)	4
*HIS 117	Western Civilization I: Ancient and Medieval	HIST 201 (IP)	3
*HIS 118	Western Civilization II: Early Modern Period	HIST 1T**	3

*HIST 119	Western Civilization III: The Modern Period	HIST 1T**	3
*When HIS 117, HIS 118, and HIS 119 are all taken the courses will transfer as HIST 201 (4.5 cr) and HIST 202 (4.5 cr)			
*When HIS 118 and HIS 119 are both taken, the courses will transfer as HIST 202 (3 cr) and HIST 1T** (3 cr).			
HIS 151	United States History to 1877	HIST 221	3
HIS 152	United States History since 1877	HIST 222	3
HIS 211	Modern Asian History	HIST 2T** (IP)	3
HIS 224	Nazi Germany	HIST 2T**	3
HIS 231	Contemporary World Affairs	HIST 2T**	3
HIS 257	African American History	HIST 2T** (USD)	3
HIS 269	The 1960's and the Vietnam War	HIST 2T**	3
HIS 271	American Frontier History	HIST 2T**	3
HUM 105	Working in America	HUM 1T**	3
HUM 110	Changes and Choices	HUM 1T**	3
HUM 135	Humanities of the Early World	HUM 1T**	3
HUM 136	Humanities of the Renaissance	HUM 1T**	3
HUM 137	Humanities of the Modern World	HUM 1T**	3
LIT 101	Introduction to Literature	ENGL 201	3
LIT 110	American Literature to Mid-1800's	ENGL 227	3
LIT 111	Modern American Literature since Mid-1900's	ENGL 228	3
LIT 200	Studies in Literary Form	ENGL 201	3
MUS 100	Music Appreciation	MUSIC 102 (IP)	3
PHI 101	Introduction to Philosophy	PHIL 201	3
PHI 105	Introduction to Ethics	PHIL 230	3
PHI 110	Introduction to Logic	PHIL 206	3
REL 101	Survey of the World's Religions	RELIG 205 (IP)	3

Social Sciences (required)

PSY 121	Developmental Psychology	PSYCH 230	3
SOC 110	Introduction to Sociology	SOC 134	3

Social Sciences Electives (ES, PAHP, and some PHP options require an additional 3 credits)

ISU students must complete a 3 credit course fulfilling U.S. Diversity (USD) and a 3 credit course fulfilling International Perspectives (IP) requirements. Social Science courses that also fulfill these university requirements are indicated below with the ISU equivalent.

ANT 105	Cultural Anthropology	ANTHR 201 (IP)	3
AGB 232	Livestock and Grain Marketing	ECON 235	3
COM 140	Introduction to Mass Media	JL MC 101	3
CRJ 100	Introduction to Criminal Justice	CJ ST 240	3
CRJ 201	Juvenile Delinquency	SOC 241	3
ECN 120	Principles of Macroeconomics	ECON 102	3
ECN 130	Principles of Microeconomics	ECON 101	3
GEO 121	World Regional Geography	S SCI 1T**	3
GEO 126	Cultural Geography	S SCI 1T**	3
POL 111	American National Government	POL S 215	3
POL 121	International Relations	POL S 251 (IP)	3
POL 125	Comparative Government and Politics	POL S 241 (IP)	3
PSY 111	Introduction to Psychology	PSYCH 101	3
PSY 251	Social Psychology	PSYCH 280	3
PSY 261	Human Sexuality	HD FS 276 (USD)	3
PSY 281	Educational Psychology	PSYCH 333	3
SOC 115	Social Problems	SOC 235 (USD)	3
SOC 120	Marriage and Family	SOC 219	3
SOC 230	Juvenile Delinquency	SOC 241	3
SOC 251	Social Psychology	PSYCH 280	3
SOC 261	Human Sexuality	HD FS 276 (USD)	3
SPC 122	Interpersonal Communication	COMST 102	3

Biological Sciences (required)

*BIO 168	Human Anatomy and Physiology I with Lab	BIOL 255, 255L	4
*BIO 173	Human Anatomy and Physiology II with Lab	BIOL 256, 256L	4
*BIO 168 & 173 both need to be taken to transfer as BIOL 255, 255L & BIOL 256, 256L			

Kinesiology Requirements (required)

HSC 106	Contemporary Health Issues	H S 110	3
---------	----------------------------	---------	---

OPTION-SPECIFIC REQUIREMENTS: There are five career options within Kinesiology and Health: 1) Community and Public Health, 2) Exercise Science, 3) Physical Activity and Health Promotion, 4) Pre-health Professions, and 5) Physical Education Teacher Education Licensure. Talk with an adviser at ISU to determine which option fits your career interest. The following are additional courses that can be taken at EICC depending on the career interest you have.

COMMUNITY AND PUBLIC HEALTH (CPH)

BIO 114	General Biology IA	BIOL 2T**	4
BIO 151	Nutrition	FS HN 167	3
CHM 122	Introduction to General Chemistry with Lab	CHEM 163, 163L	4
MAT 156	Statistics	STAT 104	3
PEH 141 or PEH 109	First Aid	H S 105	2
PSY 111	Introduction to Psychology	PSYCH 101	3

EXERCISE SCIENCE (ES)

BIO 151	Nutrition	FS HN 167	3
MAT 121 or MAT 128 or MAT 210	College Algebra Precalculus Calculus I	MATH 140 MATH 1T** MATH 165	4 4 4
MAT 156	Statistics	STAT 104	3
PHY 162	College Physics	PHYS 111	4

PHYSICAL ACTIVITY AND HEALTH PROMOTION (PAHP)

BIO 114	General Biology IA	BIOL 2T**	4
BIO 186	Microbiology	MICRO 1T**	4
CHM 122	Introduction to General Chemistry I	CHEM 163, 163L	4
MAT 156	Statistics	STAT 104	3

PRE-HEALTH PROFESSIONS (PHP) - This option prepares students for professional school - PT, OT, PA, Human Medicine, etc. Be sure to check which sciences you will need to qualify for the professional school you are interested in.

BIO 114	General Biology IA	BIOL 2T**	4
BIO 115	General Biology IIA	BIOL 2T**	4
*BIO 114 & BIO 115 must both be taken to transfer as BIOL 211, 211L & BIOL 212, 212L			
BIO 186	Microbiology	MICRO 1T**	4
CHM 165 or CHM 166	General Chemistry I	CHEM 177, 177L	4-5 5
CHM 175 or CHM 176	General Chemistry II	CHEM 178, 178L	4-5 5
CHM 261	Organic Chemistry I	CHEM 331, 331L	4
CHM 271	Organic Chemistry II	CHEM 332, 332L	4
MAT 121 or MAT 128 or MAT 210	College Algebra Precalculus Calculus I	MATH 140 MATH 1T** MATH 165	4 4 4
MAT 156	Statistics	STAT 104	3
PHY 162	College Physics I	PHYS 111	4
PHY 172	College Physics II	PHYS 112	4

PHYSICAL EDUCATION TEACHER EDUCATION LICENSURE (PEL)

BIO 151	Nutrition	FS HN 167 (for 5-12 health endors.)	3
---------	-----------	-------------------------------------	---

EDU 213	Introduction to Education	EDUC 204	3
HIS 151 or	United States History to 1877	HIST 221	3
HIS 152 or	United States History since 1877	HIST 222	3
POL 111	American National Government	POL S 215	3
MAT 121 or	College Algebra	MATH 140	4
MAT 128 or	Precalculus	MATH 1T**	4
MAT 156 or	Statistics	STAT 104	3
MAT 210	Calculus I	MATH 165	4
PEH 141 or	First Aid	H S 105	2
PEH 109	First Aid	H S 105	2
PHY 162	College Physics I	PHYS 111	4
SOC 261	Human Sexuality	HD FS 276 (for 5-12 health endors.)	3

Graduation Requirements -- a minimum of 124 credits must be earned to graduate with no more than 65 credits applied from community college work. In addition, 46 credits from 300+ course work must also be completed. A Bachelor of Science degree in Kinesiology and Health is awarded upon completion of coursework at Iowa State University.