

# Dietetics Transfer Plan

## Iowa State University (ISU) and Des Moines Area Community College (DMACC)

The dietetics program at Iowa State University is accredited through the Accreditation Council for Education in Nutrition and Dietetics (ACEND). Graduates of the program are eligible to take the national exam to become a nutrition and dietetics technician, registered (NDTR) and start working in nutrition and dietetics-related jobs, as well as apply to an accredited supervised practice program to follow the pathway to become a [Registered Dietitian Nutritionist \(RDN\)](#).

The courses listed below are ones that can be taken at DMACC and transferred to Iowa State University (ISU) to satisfy requirements in the Bachelor of Science degree in Dietetics. This transfer plan document was accurate on the date it was prepared and may not reflect subsequent changes by ISU or DMACC. For this reason, the transfer plan should not replace consultation with an Iowa State University [academic adviser](#) in the department of food science and human nutrition.

- **All courses on this plan do not need to be completed prior to transfer.** Typically, transfer students complete 1 year of remaining prerequisites at ISU followed by 2 years of upper-level nutrition and dietetics coursework to earn the Bachelor of Science degree in dietetics.
- **An emphasis on completing science sequence courses** and the prerequisites for upper level courses will best help students move through the program at the quickest pace after transfer. If you are a part-time student or cannot complete all of the suggested coursework on this plan, consider choosing the science coursework first since this begins the longest sequence of courses. (Begin with the chemistry and general biology equivalents.)
- **No more than 65 semester credit hours earned at a two-year college** can be applied to a baccalaureate degree from ISU. The university accepts up to 16 semester hours of credit earned in career-technical courses if the sending college accepts such courses toward its Associate of Art or Associate of Science degrees.
- **Plan ahead to [apply to ISU](#)** a year prior to when you anticipate starting ISU courses, complete the [Federal Financial Aid Application \(FAFSA\)](#) for financial aid options, and apply for [scholarship](#) opportunities.

	ISU courses for dietetics	DMACC equivalent course/s	Notes
	ENGL 150	ENG 105 Composition I	
	ENGL 250	ENG 106: Composition II	
	PSYCH 101	PSY 111: Intro Psych	
	MATH 140 or 165	MAT 121 or 211: College Algebra or Calculus	FSHN dept. will substitute MAT 129: Precalculus to meet this requirement.
	STAT 101 or 104	MAT 157: Statistics OR MAT 162: Princ. of Business Statistics	
	BIOL 211 BIOL 212/212L	BIO 112: Biology I BIO 113: Biology II	Must take both BIOL 112 and 113 to get credit for both ISU courses
	CHEM 163/163L OR CHEM 177/177L	CHM 122: Introduction to General Chemistry and Lab OR  CHM 165: General/Inorganic Chemistry I	

CHEM 231/231L	CHM 263: Organic Chemistry I	Pre-requisite at DMACC is both CHM 165 and CHM 175
BBMB 301: Survey of Biochemistry	<b>ISU only</b>	Pre-requisite is Organic Chemistry
FSHN 110: Professional and Educational Preparation	<b>ISU only</b>	
FSHN 167	BIO 151: Nutrition or HSC 240: Human Nutrition	
FSHN 203: Contemporary Issues in Food Science and Human Nutrition	<b>ISU only</b>	
FSHN 265: Nutrition for Active and Healthy Lifestyles	<b>ISU only</b> , offered spring and summer semesters	Must take FSHN 265 either spring or online during the summer to begin in the Dietetics program the following fall semester.
<b>Additional ISU courses required for the major</b>	<b>DMACC equivalent course/s</b>	<b>Notes</b>
SPC 101: Public Speaking	SP CM 212	
SDV 171: Library Instruction	LIB 160	
BIO 186: Microbiology	MICRO 201/201L	
BIO 168: Anat/Phys I BIO 173: Anat/Phys II	BIOL 255/255L & BIOL 256/256L	Must take the series of courses at DMACC to get credit for the Anatomy & Physiology series at ISU
Humanities, 6 credits	DRA 101, HIS 112, 113, 150, or 153, LIT 101, 105, 110, or 111, MUS 100, PHI 101 or 105, PSY 261, REL 101	6 credits needed if students choose the College of Human Sciences, 3 credits are needed if students choose the College of Agriculture and Life Sciences
Social Science, 3 credits	CRJ 100, CRJ 137, ECN 120, GLS 235, JOU 110, POL 111, 121, or 145, PSY 111, 121, 251, SOC 110, 115, 120	Not needed for students choosing the College of Agriculture and Life Sciences
HCM 167: Culinary Skills Development HCM 210: Dining Management	HSP M 380/380L	Must take both courses to get credit for this course at ISU
<b>International Perspectives and US Diversity</b> requirements will be met with required courses in the major. FSHN 342 and FSHN 463	EDU 235: Exceptional Learner Lit 105: Children's Literature PSY 261: Human Sexuality SOC 115: Social Problems	

**Additional notes:**

- Choose elective courses to total  $\geq 120$  credits (transfer credits plus ISU credits) to earn the degree.
- These plans are suggestions only and may need to be adapted to meet individual needs and commitments.
- Students who have earned a cumulative GPA of 3.50 or higher at the beginning of their final term are eligible to graduate with distinction provided they have completed 60 semester credits of coursework at ISU at the time they graduate, including a minimum of 50 graded credits at ISU.

**For information** on course requirements, sample four-year plan, and course sequence flow chart, refer to the Iowa State University [dietetics program](#) webpage.

*Updated 06/04/2020 based on course listings in the ISU 2020-2021 Catalog and the DMACC 2020-2021 Catalog.*