

HUMAN DEVELOPMENT AND FAMILY STUDIES MAJOR

(Formerly Child, Adult, and Family Services)

Transfer Plan for: Des Moines Area Community College

Iowa State University 2021 Catalog
Administered by the Department of HDFS

The Human Development and Family Studies (HDFS) curriculum leads to employment opportunities in the helping professions working with children, adults, and families in a variety of public and private human service agencies and organizations.

Students select one or more options within the major: child program, youth program, or adult and family program. (A more detailed description of each option can be found in the guide below.)

HOW TO READ THIS TRANSFER PLAN

This guide is designed for students to see how courses taken at a community college will transfer in to Iowa State and within the Human Development and Family Studies major. On the left side, the "Iowa State University Course" is listed and on the right side, the exact match (course equivalent) is shown. If the right side is blank, the student will need to complete the course at Iowa State University.

This transfer plan has 3 parts

1. General Education courses for the HDFS major. (Note: an AA/AS degree does not satisfy this requirement. Iowa State will review each course.)
2. HDFS Required Core classes
3. HDFS Program options (*choose 1*)

GENERAL EDUCATION COURSES FOR THE HDFS MAJOR								
COMMUNICATONS AND LIBRARY								
<i>Iowa State University Course</i>					<i>Community College Equivalent</i>			
	ENGL	150	Critical Thinking and Communication	3	ENG	105	Composition I <i>(Grade C or better needed)</i>	3
	ENGL	250	Written, Oral, Visual, & Electronic Comp	3	ENG	106	Composition II <i>(Grade C or better needed)</i>	3
	LIB	160	Information Literacy	1	SDV	171	Library Instruction	1
Select one from:								
	COMST	211	Intro to Interpersonal Communication	3	SPC	122	Interpersonal Communication <i>or...</i>	3
					SPC	126	Interpersonal & Small Grp Comm.	3
	COMST	218	Conflict Management	3	<i>Take at Iowa State University</i>			
	SP CM	212	Fundamentals of Public Speaking	3				
	ENGL	302	Business Communication	3	<i>Take at Iowa State University</i>			
	ENGL	309	Proposal and Report Writing	3				
	ENGL	314	Technical Communication	3				
NATURAL SCIENCES AND MATH DISCIPLINES								
<i>Iowa State University Course</i>					<i>Community College Equivalent</i>			
	STAT	101	Principles of Statistics	4	MAT	157	Statistics	4

Select one from:							
COM S	113	Intro to Spreadsheets and Databases	3	CSC	116	Information Computing	3
COM S	103	Computer Literacy Applications	4				
Biology Course (3 credit minimum)				BIO	104	Introductory Biology w/Lab	3
<p><i>The courses on the right represent some of the options students can transfer in to meet the biology requirement for HDFs. If the course you wish to take is not on the list, please contact an Iowa State adviser to confirm the course will satisfy the biology requirement.</i></p>				BIO	112	General Biology I	4
				BIO	113	General Biology II	4
				BIO	135	Introduction to Botany	4
				BIO	138	Field Ecology	3
				BIO	146	Genetics	3
				BIO	156	Human Biology/Lab	3

SOCIAL SCIENCES

<i>Iowa State University Course</i>				<i>Community College Equivalent</i>			
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Take 9 credits from the list below

Anthropology Courses				ANT	105	Cultural Anthropology	3
				ANT	125	Applications of Anthropology	3
				ANT	150	Global Issues-Local Perspective	3
				Criminal Justice Courses			
<p><i>The courses on the right represent some of the options students can transfer in to meet a social science gen in for the HDFs major. If the course you wish to take is not on the list, please contact an Iowa State advisor to confirm the course will satisfy a social science gen ed.</i></p>				CRJ	120	Intro to Corrections	3
				CRJ	111	Police and Society	3
				CRJ	200	Criminology	3
				CRJ	201	Juvenile Delinquency	3
				Economic Courses			
				ECN	130	Principles of Microeconomics	3
				INTST	235	Introduction to International Studies	3
Political Sciences Courses				POL	111	American National Government	3
				POL	112	Amer State and Local Govt	3
				POL	121	International Relations	3
				POL	125	Comparative Gov't and Policies	3
				POL	129	Politics of Terrorism	3
				POL	163	News Media and Politics	3
				POL	171	Intro to Public Administration	3
Psychology classes				PSY	102	Human & Work Relations	3
				PSY	111	Intro to Psychology	3
				PSY	140	Exploring Mental Health	3
				PSY	172	Stress & Stress Management	3
				PSY	241	Abnormal Psychology	3
				PSY	251	Social Psychology	3
				PSY	281	Educational Psychology	3
				PSY	291	Principles of Behavior Mod.	3
Sociology classes				SOC	110	Introduction to Sociology	3
				SOC	115	Social Problems	3
				SOC	165	Group Dynamics	3
				SOC	200	Minority Group Relations	3
				SOC	225	Social Gerontology	4
				SOC	282	Environmental Sociology	3

HUMANITIES

<i>Iowa State University Course</i>				<i>Community College Equivalent</i>			
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Take 6 credits from the list below

Art History				ART	190	History of Photography	3
				ART	203	Art History I	3
				ART	204	Art History II	3
ENGL	201	Introduction to Literature	3	LIT	101	Intro to Literature	3
ENGL	227	Survey of Am. Lit to 1865	3	LIT	110	American Lit to Mid 1800's	3
ENGL	228	Survey of Am. Lit since 1865	3	LIT	111	American Lit since Mid 1800's	3
History				HIS	112	West Civ: Ancient-Early Modern	4
				HIS	113	West Civ: Early modern-present	4
				HIS	150	US History to 1877	4
				HIS	153	US History since 1877	4
				HIS	201	Iowa History	3
				HIS	211	Modern Asian History	3
				HIS	216	History of Modern Russia	4
				HIS	257	African-American History	3
				HIS	266	The Civil War	3
				HIS	280	Family History Research	3
MUSIC	102	Music Appreciation	3	MUS	100	Music Appreciation	3
Philosophy				PHI	101	Introduction to Philosophy	3
				PHI	105	Introduction to Ethics	3
				PHI	110	Introduction to Logic	3
Religious Studies				REL	101	Survey of World Religions	3
				REL	130	Intro to Religions of the East	3
				REL	140	Religion in the United States	3
				REL	150	Intro to the Bible	3
THTRE	106	Introduction to Performing Arts	3	DRA	101	Introduction to Theatre	3
Arabic				FLA	141	Elementary Arabic I	4
				FLA	142	Elementary Arabic II	4
				FLA	241	Intermediate Arabic I	4
				FLA	242	Intermediate Arabic II	4
Chinese				FLC	141	Elementary Chinese I	4
				FLC	142	Elementary Chinese II	4
				FLC	241	Intermediate Chinese I	4
				FLC	242	Intermediate Chinese II	4
French				FLF	141	Elementary French I	4
				FLF	142	Elementary French II	4
				FLF	241	Intermediate French I	4
				FLF	242	Intermediate French II	4
German				FLG	141	Elementary German I	4
				FLG	142	Elementary German II	4
				FLG	241	Intermediate German I	4
				FLG	242	Intermediate German II	4
Spanish				FLS	151	Elementary Spanish I	5
				FLS	152	Elementary Spanish II	5

		FLS	181	Spanish for Heritage Speakers I	4
		FLS	241	Intermediate Spanish I	4
		FLS	242	Intermediate Spanish II	4
		FLS	281	Spanish for Heritage Speakers II	4

REQUIRED CORE CLASSES FOR THE HDFS MAJOR

HD FS ORIENTATION

<i>Iowa State University Course</i>					<i>Community College Equivalent</i>	
HD FS	111	New Transfer Student Seminar	1	Take at Iowa State University		

HUMAN DEVELOPMENT AND FAMILY STUDIES CORE

<i>Iowa State University Course</i>					<i>Community College Equivalent</i>			
HD FS	102	Individual and Family Development, Health, and Well-being	3	PSY 121	Developmental Psychology	3		
				& SOC 120	Marriage and Family	3		
					Note: Students need to take BOTH courses to receive credit in HD FS 102			
HD FS	369	Research Methods in HD FS	3					
HD FS	418B	Prof Practice Reflection/Discussion Internships	2					
HD FS	449	Program Eval and Proposal Writing	3					
HD FS	491	Internship	8-9					

HUMAN DEVELOPMENT AND FAMILY STUDIES CORE

<i>Iowa State University Course</i>					<i>Community College Equivalent</i>			
HD FS	183	Personal Finance in Early Adult	1					
HD FS	218	Professional Orientation and Service Learning	2					
HD FS	249	Parenting and Fam. Diversity Issues	3					
HD FS	367	Abuse and Illness in Families	3					
HD FS	395	Children, Families, and Public Policy	3					
HD FS	486	Administration of Human Services Program	3					

HD FS PROGRAM OPTIONS

Students select one option below within the major:

Child Program

An option in the child program will prepare you to work with very young children, ages birth to 8 years, developing parental education programs, providing quality child care, advising families on critical issues, preventing child abuse, and advocating for child-friendly legislation.

Note: students interested in the non-licensure early childhood option should follow the Child program Option.

Youth Program

The youth program option focuses on adolescents and young adults, with course work in family interaction, special needs education, and adolescent development. Graduates have found their career niches as youth service providers, 4-H coordinators, halfway-house managers, and juvenile court probation officers.

Adult/Family Program

In the adult/family program option, you will be knowledgeable in the areas of family development and theory, conflict resolution, and substance abuse/strategies and treatment. Potential career paths include: adoption/foster care specialist, addiction counselor, and program/activity coordinator.

CHILD PROGRAM OPTION

<i>Iowa State University Course</i>				<i>Community College Equivalent</i>			
HD FS	224	Dev. In Young Children Birth-Age 8	3				
HD FS	240	Literature for Children	3	LIT	105	Children's Literature	3
HD FS	342	Guidance and Group Management in Early Childhood	3				
HD FS	344	Programming for Children in Early Care and Education	3				
HS	105	First Aid and Emergency Care	2	ECE	130	Emergency Care	1
SPED	250	Education of Exceptional Learner in a Diverse Society	3	EDU	245	Exceptional Learner	3
Select one of the following:							
HD FS	239	Consumer Issues	3				
HD FS	270	Family Communications & Relationships	3				
HD FS	283	Personal and Family Finance	3	FIN	121	Personal Finance	3
HD FS	360	Housing and Services for Families	3				
HD FS	373	Death as a Part of Living	3				
HD FS	479	Family Interaction Dynamics	3				
HD FS	387x	Applying Evidence Based Practices in Human Services	3				

YOUTH PROGRAM OPTION

<i>Iowa State University Course</i>				<i>Community College Equivalent</i>			
HD FS	226	Dev. & Guidance in Mid. Childhood	3				
HD FS	227	Adolescent & Emerging Adulthood	3				
HD FS	270	Family Comm. & Relationships	3				
HD FS	276	Human Sexuality	3	PSY	261	Human Sexuality	3
HD FS	479	Family Interaction Dynamics	3				
Select one of the following:							
HD FS	360	Housing and Services for Families	3				
SP ED	250	Education of Exceptional Learner in a Diverse Society	3	EDU	245	Exceptional Learner	3
Select one of the following:							
HD FS	239	Consumer Issues	3				
HD FS	283	Personal and Family Finance	3	FIN	121	Personal Finance	
HD FS	373	Death as a Part of Living	3				

	HD FS	387x	Applying Evidence Based Practices in Human Services	3				
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ADULT/FAMILY PROGRAM OPTION								
<i>Iowa State University Course</i>					<i>Community College Equivalent</i>			
	HD FS	234	Adult Development	3				
	HD FS	270	Family Comm. & Relationships	3				
	HD FS	276	Human Sexuality	3	PSY	261	Human Sexuality	3
	HD FS	377	Aging and the Family	3				
	HD FS	479	Family Interaction Dynamics	3				
Select one of the following:								
	HD FS	360	Housing and Services for Families	3				
	HD FS	463	Environments for Aging	3				
Select one of the following:								
	HD FS	239	Consumer Issues	3				
	HD FS	283	Personal and Family Finance	3	FIN	121	Personal Finance	
	HD FS	341	Household Finance and Policy	3				
	HD FS	373	Death as a Part of Living	3				
	HD FS	378	Retirement Plan & Employee Benefits	3				
	HD FS	387x	Applying Evidence Based Practices in Human Services	3				

TRANSFER PLAN NOTES:

- Maximum of 65 credits can be transferred to Iowa State University from a community college(s).
- Undergraduates who have a cumulative grade point average of 3.50 at the beginning of their final term are eligible to graduate “with distinction” provided they have completed 60 semester credits of coursework at Iowa State University at the time they graduate, including a minimum of 50 graded credits.

FOR GUIDANCE, PLEASE CONTACT:

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