

# HUMAN DEVELOPMENT AND FAMILY STUDIES MAJOR

## Transfer Plan for: DMACC

Iowa State University 2023-25 Catalog

Administered by the Department of Human Development and Family Studies

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The Human Development and Family Studies (HDFS) curriculum leads to employment opportunities in the helping professions working with children, adults, and families in a variety of public and private human service agencies and organizations.

Students select one focus area within the major:

- Health, Wellbeing, and Prevention
- Advocacy, Administration, and Policy
- Child Development and Guidance\*

*\*Students interested in the non-licensure early childhood focus area should follow the Child Development and Guidance focus area. Students interested in a licensure early childhood option should consult an advisor in the Early Childhood Education major.*

*(A more detailed description of each focus area can be found in the guide below.)*

### **HOW TO READ THIS TRANSFER PLAN**

This guide is designed for students to see how courses taken at a community college will transfer to Iowa State and within the Human Development and Family Studies major. On the left side, the “Iowa State University Course” is listed and on the right side, the exact match (course equivalent) is shown. If the right side is blank, the student will need to complete the course at Iowa State University.

**This transfer plan has 3 parts**

1. General Education courses for the HDFS major. (Note: an AA/AS degree does not satisfy this requirement. Iowa State will review each course.)
2. Required Classes for the HDFS Major
3. HDFS Program focus areas (*Choose one (1) focus area*)

### **TRANSFER PLAN NOTES**

- Maximum of 65 credits can be transferred to Iowa State University from a community college(s).
- Undergraduates who have a cumulative grade point average of 3.50 at the beginning of their final term are eligible to graduate “with distinction” provided they have completed 60 semester credits of coursework at Iowa State University at the time they graduate, including a minimum of 50 graded credits.

**FOR GUIDANCE, PLEASE CONTACT:**

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HDFS Advising Coordinator

## GENERAL EDUCATION COURSES FOR THE HDF5 MAJOR

### COMMUNICATONS AND LIBRARY

<i>Iowa State University Course</i>					<i>Community College Equivalent</i>			
	ENGL	150	Critical Thinking and Communication	3	ENG	105	Composition I <i>(Grade C or better needed)</i>	3
	ENGL	250	Written, Oral, Visual, & Electronic Comp	3	ENG	106	Composition II <i>(Grade C or better needed)</i>	3
	LIB	160	Intro to College Level Research	1	SDV	171	Library Instruction	1
<b>Select one from:</b>								
	COMST	210	Communication & US Diversity	3				
	COMST	211	Intro to Interpersonal Communication	3	SPC Or SPC	122  126	Interpersonal Communication  Interpersonal & Small Grp Comm.	3  3
	COMST	218	Conflict Management	3				
	SP CM	212	Fundamentals of Public Speaking	3	SPC	101	Fundamentals of Oral Comm.	3
<b>Select one from:</b>								
	ENGL	302	Business Communication	3				
	ENGL	309	Proposal and Report Writing	3				
	ENGL	314	Technical Communication	3				

### NATURAL SCIENCES AND MATH DISCIPLINES

<i>Iowa State University Course</i>					<i>Community College Equivalent</i>			
	STAT	101	Principles of Statistics	4	MAT	156	Statistics	3
	COM S	113	Intro to Spreadsheets and Databases	3	CSC	116	Information Computing	3
<b>Biology Course (3 credit minimum)</b>					BIO	104	Introductory Biology with Lab	3
<i>The courses on the right represent some of the options students can transfer in to meet the biology requirement for HDF5. If the course you wish to take is not on the list, please contact an Iowa State Advisor to confirm the course will satisfy the biology requirement.</i>					BIO	112	General Biology I	4
					BIO	157	Human Biology	4

### SOCIAL SCIENCES

<i>Iowa State University Course</i>					<i>Community College Equivalent</i>			
Take 9 credits from the list below								
	AF AM	330	Ethnic and Race Relations	3				
	AMD	165	Dress, Appearance, & Div. in Society	3				
	AMD	362	Cultural Perspectives of Dress	3				
	AMD	467	Con. Studies in Apparel & Fashion	3				
	AM IN	310	Contemporary Topics in Am. Indian	3				
	AM IN	315	Archaeology of North America	3				
	AM IN	322	Peoples & Culture of Native N. America	3				

AESHM	421		3				
Anthropology Courses				ANT	105	Cultural Anthropology	3
				ANT	125	Applications of Anthropology	3
				ANT	150	Global Issues-Local Perspective	3
Criminal Justice Courses				CRJ	100	Intro to Criminal Justice	3
<i>The courses on the right represent some of the criminal justice options students can transfer in to meet a social science gen ed for the HDFS major. If the course you wish to take is not on the list, please contact an Iowa State advisor to confirm the course will satisfy a social science gen ed.</i>				CRJ	101	Ethics in Criminal Justice	3
				CRJ	120	Introduction to Corrections	3
				CRJ	111	Police and Society	3
				CRJ	200	Criminology	3
Economic Courses				ECN	120	Principles of Macroeconomics	3
				ECN	130	Principles of Microeconomics	3
FS HN	342	World Food Issues: Past and Present	3				
INTST	235	Intro. To International Studies	3	GLS	235	Intro to International Studies	3
LING	219	Introduction to Linguistics	3				
LING	275	Intro. To Communicative Disorders	3				
LING	471	Language and Reading Dev. In Children	3				
Political Sciences Courses				POL	111	American National Government	3
<i>The courses on the right represent some of the political sciences course options students can transfer in to meet a social science gen ed for the HDFS major. If the course you wish to take is not on the list, please contact an Iowa State advisor to confirm the course will satisfy a social science gen ed.</i>				POL	112	Amer State and Local Govt	3
				POL	121	International Relations	3
				POL	125	Comparative Govt. & Politics	3
				POL	129	Politics of Terrorism	3
				PSY	102	Human and Work Relations	3
Psychology Courses				PSY	111	Introduction to Psychology	3
				PSY	140	Exploring Mental Health	3
				PSY	172	Stress and Stress Management	3
				PSY	241	Abnormal Psychology	3
				PSY	251	Social Psychology	3
				PSY	281	Educational Psychology	3
				PSY	291	Prin. of Behavior Modification	3
Sociology classes				SOC	110	Introduction to Sociology	3
				SOC	115	Social Problems	3
				SOC	165	Group Dynamics	3
				SOC	200	Minority Group Relations	3
				SOC	225	Social Gerontology/Applications	4
				SOC	282	Environmental Sociology	3
				HSV	185	Discrimination and Diversity	3
WGS	201	Intro to Women's and Gender Studies	3				
WGS	203	Intro to Lesbian Studies	3				
WGS	301	Int. Perspectives on Women & Gender	3				
WGS	320	Ecofeminism	3				
WGS	327	Sex and Gender in Society	3				
WGS	328	Sociology of Masculinities & Manhood	3				
WGS	346	Psychology of Women	3				
WGS	350	Women of Color in the U.S.	3				
WGS	385	Women in Politics	3				

**HUMANITIES**

*Iowa State University Course*

*Community College Equivalent*

Take 6 credits from the list below

	AESHM	342	Aesthetics of Consumer Experience	3				
	AF AM	201	Intro to African American Studies	3				
	AF AM	334	Africana Religions	3				
	AF AM	347	Studies in African American Lit.	3				
	AF AM	353	History of African Americans I	3				
	AF AM	354	History of African Americans II	3				
	AM IN	210	Introduction to American Indian Studies	3				
	AM IN	240	Intro to American Indian Literature	3				
	AM IN	346	American Indian Literature	3				
	AMD	257	Museum Studies	3				
	AMD	354	History of European & North Am. Dress	3				
	AMD	356	History of 20 <sup>th</sup> Century Fashion	3				
	ARCH	221	History of Pre-Modern Architecture	3				
	ARCH	420	Topics in American Architecture	3				
Art History (ART H)					ART	190	History of Photography	3
					ART	203	Art History I	3
					ART	204	Art History II	3
	ASL	101	American Sign Language I	4				
	ASL	102	American Sign Language II	4				
	ASL	201	Intermediate American Sign Lang. I	4				
	ASL	202	Intermediate American Sign Lang. II	4				
Classical Studies (CL ST)								
	CMDIS	286	Communicating with the Deaf	3				
	DANCE	270	Dance Appreciation	3				
	DANCE	360	History and Philosophy of Dance	3				
	DSN S	183	Design in Context	3				
	ENGL	201	Introduction to Literature	3	LIT	101	Intro to Literature	3
	ENGL	225	Survey of British Literature to 1800	3				
	ENGL	226	Survey of British Literature since 1800	3				
	ENGL	227	Survey of Am. Lit to 1865	3	LIT	110	American Lit to Mid 1800's	3
	ENGL	228	Survey of Am. Lit since 1865	3	LIT	111	American Lit since Mid 1800's	3
	ENGL	237	Survey of Film History	3				
	ENGL	240	Intro to American Indian Literature	3				
History					HIS	110	West Civ: Ancient-Early Modern	4
<i>The courses on the right represent some of the options students can transfer in to meet a humanities gen ed. in history for the HDFS major. If the history course you wish to take is not on the list, please contact an Iowa State advisor to confirm the course will satisfy a social science gen ed.</i>					HIS	111	West Civ: Early modern-present	4
					HIS	151	U.S. History to 1877	4
					HIS	152	U.S. History since 1877	4
					HIS	201	Iowa History	3
					HIS	211	Modern Asian History	3
					HIS	214	Russian History and Culture	3
					HIS	257	African American History	3
					HIS	274	Women's History: United States	3
	HSP M	260	Global Tourism Management	3				
	MUSIC	102	Music Appreciation	3	MUS	100	Music Appreciation	3
	MUSIC	302	Masterpieces of Music & Art in Western Culture	3				
	MUSIC	304	History of American Rock 'n' Roll	3				
	MUSIC	383	History of Music I	3				
	MUSIC	384	History of Music II	3				

Philosophy				PHI	101	Introduction to Philosophy	3
				PHI	105	Introduction to Ethics	3
				PHI	111	Basic Reasoning	3
Religious Studies (RELIG)				REL	101	Survey of World Religions	3
				REL	130	Intro to Religions of the East	3
				REL	140	Religion in the United States	3
				REL	150	Intro to the Bible	3
THTRE	106	Introduction to Performing Arts	3	DRA	101	Introduction to Theatre	3
THTRE	110	Theatre and Society	3				
THTRE	465	Theatre History: Ancient - 19 <sup>th</sup> Cent.	3				
THTRE	466	Theatre History: 19 <sup>th</sup> Cent-Present	3				
WGS	201	Intro to Women's & Gender Studies	3				
WGS	336	Religion and Gender	3				
WGS	338	Feminist Philosophy	3				
WGS	340	Women's Literature	3				
WGS	345	Women & Lit.: Selected Topics	3				
WGS	370	Studies in English Translation	3				
WGS	374	Sex, Gender, & Culture in the Ancient Mediterranean World	3				
Arabic (ARABC)				FLA	141	Elementary Arabic I	4
				FLA	142	Elementary Arabic II	4
				FLA	241	Intermediate Arabic I	4
				FLA	241	Intermediate Arabic II	4
Chinese (CHIN)				FLC	141	Elementary Chinese I	4
				FLC	142	Elementary Chinese II	4
				FLC	241	Intermediate Chinese I	4
				FLC	241	Intermediate Chinese II	4
French (FRENCH)				FLF	151	Elementary French I	5
				FLF	152	Elementary French II	5
				FLF	241	Intermediate French I	4
				FLF	241	Intermediate French II	4
German (GER)				FLG	141	Elementary German I	4
				FLG	142	Elementary German II	4
				FLG	241	Intermediate German I	4
				FLG	241	Intermediate German II	4
Greek (GREEK)							
Spanish (SPAN)				FLS	151	Elementary Spanish I	5
				FLS	152	Elementary Spanish II	5
				FLS	181	Spanish for Heritage Speakers I	4
				FLS	241	Intermediate Spanish I	4

		FLS	242	Intermediate Spanish II	4
		FLS	281	Spanish for Heritage Speakers II	4
	Russian (RUS)	FLR	141	Elementary Russian I	4
		FLR	142	Elementary Russian II	4
	World Language and Culture (WLC)	FLI	141	Elementary Italian I	4
		FLI	142	Elementary Italian II	4
		FLI	241	Intermediate Italian I	4
		FLI	242	Intermediate Italian II	4
		FLJ	141	Elementary Japanese I	4
		FLJ	142	Elementary Japanese II	4
		FLJ	241	Intermediate Japanese I	4
		FLJ	242	Intermediate Japanese II	4

**TOTAL GENERAL EDUCATION CREDITS REQUIRED: 38-39 CREDITS**

## REQUIRED CLASSES FOR THE HDFS MAJOR

### HUMAN DEVELOPMENT AND FAMILY STUDIES CORE

<i>Iowa State University Course</i>		<i>Community College Equivalent</i>					
<b>Take all courses listed below</b>							
HD FS	102	Human Development	3	PSY & SOC	121	Developmental Psychology	3
				120	Marriage and Family	3	
				<b>Note:</b> Students need to take <u>BOTH</u> courses to receive credit in HD FS 102			
HD FS	111	New Transfer Student Seminar	1				
HD FS	183	Personal Finance in Early Adult	1				
HD FS	218	Professional Orientation and Service Learning	2				
HD FS	369	Research Methods in HD FS	3				
HD FS	418B	Prof Practice Reflection/Discussion Internships	2				
HD FS	479	Family Interaction Dynamics	3				
HD FS	491	Internship	8-9				

### INDIVIDUAL AND FAMILY DEVELOPMENT

*Students will take 12 credits from the following*

<i>Iowa State University Course</i>		<i>Community College Equivalent</i>					
<b>Select 4 classes (12 credits) from the list below</b>							
HD FS Or HDFS	224	Dev. In Young Children Birth-Age 8  Child Development and Health	3	ECE + ECE	170	Child Growth & Development	3
	223			221	Infant/Toddler Care & Educ.	3	
				ECE + ECE	243	Early Childhood Guidance	3
				ECE + ECE	343	Early Childhood Guidance lab	1
				<b>Note:</b> Students need to take <u>ALL</u> courses to receive credit in HD FS 224			
HD FS	226	Dev. & Guidance in Mid. Childhood	3				
HD FS	227	Adolescent & Emerging Adulthood	3				
HD FS	234	Adult Development	3				
HD FS	249	Parenting and Fam. Diversity Issues	3				
HD FS	270	Family Comm. & Relationships	3				
HD FS	377	Aging and the Family	3				

**TOTAL CORE AND DEVELOPMENTAL COURSE CREDITS REQUIRED: 35-36 CREDITS**

## HD FS PROGRAM FOCUS AREA

Students select one focus area below within the major:

### **Health, Well-Being, and Prevention**

For students interested in working directly with those who need support or assistance, such as individuals with disabilities, justice-involved individuals, or older adults.

Students may also be interested in working with populations who have been negatively impacted by societal issues such as trauma, abuse, substance use, and family instability.

HDFS provides strong preparation for these entry-level positions as well as for the graduate degree programs required for professional level work in these fields.

### **Advocacy, Administration, and Policy**

For students interested in careers that involve advocacy and non-profit work. These students can combine their knowledge of human development and intervention with good administrative and management skills to work at non-profit organizations focused on solving social problems.

These jobs involve less direct service and more program coordination and planning, developing public information materials and advocating for social change.

### **Child Development and Guidance\***

For students interested in working with children. Students interested in careers that involve caring for and/or educating young children, will discover there are a number of opportunities within this area.

*\*Students interested in the non-licensure early childhood option should follow the Child Development and Guidance focus area.*



**HEALTH, WELL-BEING, AND PREVENTION FOCUS***Iowa State University Course**Community College Equivalent***Emphasis Classes. Select 4 classes (12 credits) from:**

	HD FS	276	Human Sexuality	3	PSY	261	Human Sexuality	3
	HD FS	283	Personal and Family Finance	3	FIN	121	Personal Finance	3
	HD FS	367	Abuse and Illness in Families	3				
	HD FS	373	Death as a Part of Living	3				
	HD FS	387	Applying Evidence Based Practices in Human Services	3				
	HD FS	395	Children, Families, and Public Policy	3				

**Supporting Classes. Select 4 classes (12-13 credits) from:**

	HD FS	239	Consumer Issues	3				
	HD FS	240	Literature for Children	3	LIT	105	Children's Literature	3
	HD FS	341	Household Finance and Policy	3				
	HD FS	342	Guidance and Group Management in Early Childhood	3				
	HD FS	344	Programming for Children in Early Care and Education	4				
	HD FS	378	Retirement Plan & Employee Benefits	3				
	HD FS	449	Program Evaluation and Proposal Writing	3				
	HD FS	486	Administration of Human Services Program	3				
					HSV	109	Intro to Human Services	3

**TOTAL CREDITS IN HEALTH, WELL-BEING, PREVENTION FOCUS REQUIRED: 24 CREDITS**

**ADVOCACY, ADMINISTRATION, AND POLICY**

*Iowa State University Course*

*Community College Equivalent*

**Emphasis Classes. Select 4 classes (12 credits) from:**

	HD FS	239	Consumer Issues	3				
	HD FS	341	Household Finance and Policy	3				
	HD FS	378	Retirement Plan & Employee Benefits	3				
	HD FS	395	Children, Families, and Public Policy	3				
	HD FS	449	Program Evaluation and Proposal Writing	3				
	HD FS	486	Administration of Human Services Program	3				

**Supporting Classes. Select 4 classes (12-13 credits) from:**

	HD FS	240	Literature for Children	3	LIT	105	Children's Literature	3
	HD FS	276	Human Sexuality	3	PSY	261	Human Sexuality	3
	HD FS	283	Personal and Family Finance	3	FIN	121	Personal Finance	3
	HD FS	342	Guidance and Group Management in Early Childhood	3				
	HD FS	344	Programming for Children in Early Care and Education	4				
	HD FS	360	Housing and Services for Families	3				
	HD FS	367	Abuse and Illness in Families	3				
	HD FS	373	Death as a Part of Living	3				
	HD FS	387	Applying Evidence Based Practice	3				
					HSV	109	Intro to Human Services	3

**TOTAL CREDITS IN ADVOCACY, ADMINISTRATION, AND POLICY: 24 CREDITS**

**CHILD DEVELOPMENT AND GUIDANCE***Iowa State University Course**Community College Equivalent***Emphasis Classes. Select 4 classes (12-13 credits) from:**

	HD FS	240	Literature for Children	3	LIT	105	Children's Literature	3
	HD FS	342	Guidance and Group Management in Early Childhood	3				
	HD FS	344	Programming for Children in Early Care and Education	4				
	HD FS	345	Adapting Programming in Inclusive Settings	3				
	HD FS	456	Working with Families in Early Intervention	3				
	HD FS	486	Administration of Human Services Program	3				

**Supporting Classes. Select 4 classes (12 credits) from:**

	HD FS	239	Consumer Issues	3				
	HD FS	276	Human Sexuality	3	PSY	261	Human Sexuality	3
	HD FS	283	Personal and Family Finance	3	FIN	121	Personal Finance	3
	HD FS	341	Household Finance and Policy	3				
	HD FS	360	Housing and Services for Families	3				
	HD FS	367	Abuse and Illness in Families	3				
	HD FS	373	Death as a Part of Living	3				
	HD FS	378	Retirement Plan & Employee Benefits	3				
	HD FS	387	Applying Evidence Based Practice	3				
	HD FS	395	Children, Families, and Public Policy	3				
	HD FS	449	Program Evaluation and Proposal Writing	3				
					HSV	109	Intro to Human Services	3

**TOTAL CREDITS IN CHILD DEVELOPMENT AND GUIDANCE FOCUS REQUIRED: 24 CREDITS**