

HUMAN DEVELOPMENT AND FAMILY STUDIES MAJOR

Transfer Plan for: DMACC

Iowa State University 2023-25 Catalog

Administered by the Department of Human Development and Family Studies

The Human Development and Family Studies (HDFS) curriculum leads to employment opportunities in the helping professions working with children, adults, and families in a variety of public and private human service agencies and organizations.

Students select one focus area within the major:

- Health, Wellbeing, and Prevention
- Advocacy, Administration, and Policy
- Child Development and Guidance*

**Students interested in the non-licensure early childhood focus area should follow the Child Development and Guidance focus area. Students interested in a licensure early childhood option should consult an advisor in the Early Childhood Education major.*

(A more detailed description of each focus area can be found in the guide below.)

HOW TO READ THIS TRANSFER PLAN

This guide is designed for students to see how courses taken at a community college will transfer to Iowa State and within the Human Development and Family Studies major. On the left side, the “Iowa State University Course” is listed and on the right side, the exact match (course equivalent) is shown. If the right side is blank, the student will need to complete the course at Iowa State University.

This transfer plan has 3 parts

1. General Education courses for the HDFS major. (Note: an AA/AS degree does not satisfy this requirement. Iowa State will review each course.)
2. Required Classes for the HDFS Major
3. HDFS Program focus areas (*Choose one (1) focus area*)

TRANSFER PLAN NOTES

- Maximum of 65 credits can be transferred to Iowa State University from a community college(s).
- Undergraduates who have a cumulative grade point average of 3.50 at the beginning of their final term are eligible to graduate “with distinction” provided they have completed 60 semester credits of coursework at Iowa State University at the time they graduate, including a minimum of 50 graded credits.

FOR GUIDANCE, PLEASE CONTACT:

Liz Harris, lizh@iastate.edu

HDFS Advising Coordinator

GENERAL EDUCATION COURSES FOR THE HDFS MAJOR

COMMUNICATIONS AND LIBRARY								
Iowa State University Course					Community College Equivalent			
ENGL	1500	Critical Thinking and Communication	3		ENG	105	Composition I <i>(Grade C or better needed)</i>	3
ENGL	2500	Written, Oral, Visual, & Electronic Comp	3		ENG	106	Composition II <i>(Grade C or better needed)</i>	3
LIB	1600	Intro to College Level Research	1		SDV	171	Library Instruction	1
Select one from:								
COMST	2100	Communication & U.S. Culture and Community (US Diversity)	3					
COMST	2110	Intro to Interpersonal Communication	3		SPC Or SPC	122 126	Interpersonal Communication Interpersonal & Small Grp Comm.	3 3
COMST	2180	Conflict Management	3					
SP CM	2120	Fundamentals of Public Speaking	3		SPC	101	Fundamentals of Oral Comm.	3
Select one from:								
ENGL	3020	Business Communication	3					
ENGL	3090	Proposal and Report Writing	3					
ENGL	3140	Technical Communication	3					

NATURAL SCIENCES AND MATH DISCIPLINES								
Iowa State University Course					Community College Equivalent			
STAT	1010	Principles of Statistics	4		MAT	156	Statistics	3
COM S	1130	Intro to Spreadsheets and Databases	3		CSC	116	Information Computing	3
Biology Course (3 credit minimum)					BIO	104	Introductory Biology with Lab	3
<i>The courses on the right represent some of the options students can transfer in to meet the biology requirement for HDFS. If the course you wish to take is not on the list, please contact an Iowa State Advisor to confirm the course will satisfy the biology requirement.</i>					BIO	112	General Biology I	4
					BIO	157	Human Biology	4

SOCIAL SCIENCES								
Iowa State University Course					Community College Equivalent			
Take 9 credits from the list below								
AF AM	3300	Ethnic and Race Relations	3					
AMD	1650	Dress, Appearance, & Div. in Society	3					
AMD	3620	Cultural Perspectives of Dress	3					
AMD	4670	Con. Studies in Apparel & Fashion	3					
AM IN	3100	Contemporary Topics in Am. Indian	3					
AM IN	3150	Archaeology of North America	3					
AM IN	3220	Peoples & Culture of Native N. America	3					

AESHM	4210		3				
Anthropology Courses				ANT	105	Cultural Anthropology	3
				ANT	125	Applications of Anthropology	3
				ANT	150	Global Issues-Local Perspective	3
Criminal Justice Courses				CRJ	100	Intro to Criminal Justice	3
<i>The courses on the right represent some of the criminal justice options students can transfer in to meet a social science gen ed for the HDF5 major. If the course you wish to take is not on the list, please contact an Iowa State advisor to confirm the course will satisfy a social science gen ed.</i>				CRJ	101	Ethics in Criminal Justice	3
				CRJ	120	Introduction to Corrections	3
				CRJ	111	Police and Society	3
				CRJ	200	Criminology	3
Economic Courses				ECN	120	Principles of Macroeconomics	3
				ECN	130	Principles of Microeconomics	3
FS HN	3420	World Food Issues: Past and Present	3				
INTST	2350	Intro. To International Studies	3	GLS	235	Intro to International Studies	3
LING	2190	Introduction to Linguistics	3				
LING	2750	Intro. To Communicative Disorders	3				
LING	4710	Language and Reading Dev. In Children	3				
Political Sciences Courses				POL	111	American National Government	3
<i>The courses on the right represent some of the political sciences course options students can transfer in to meet a social science gen ed for the HDF5 major. If the course you wish to take is not on the list, please contact an Iowa State advisor to confirm the course will satisfy a social science gen ed.</i>				POL	112	Amer State and Local Govt	3
				POL	121	International Relations	3
				POL	125	Comparative Govt. & Politics	3
				POL	129	Politics of Terrorism	3
Psychology Courses				PSY	102	Human and Work Relations	3
				PSY	111	Introduction to Psychology	3
				PSY	140	Exploring Mental Health	3
				PSY	172	Stress and Stress Management	3
				PSY	241	Abnormal Psychology	3
				PSY	251	Social Psychology	3
				PSY	281	Educational Psychology	3
				PSY	291	Prin. of Behavior Modification	3
Sociology classes				SOC	110	Introduction to Sociology	3
				SOC	115	Social Problems	3
				SOC	165	Group Dynamics	3
				SOC	200	Minority Group Relations	3
				SOC	225	Social Gerontology/Applications	4
				SOC	282	Environmental Sociology	3
				HSV	185	Discrimination and Diversity	3
WGS	2010	Intro to Women's and Gender Studies	3				
WGS	2030	Intro to Lesbian Studies	3				
WGS	3010	Int. Perspectives on Women & Gender	3				
WGS	3200	Ecofeminism	3				
WGS	3270	Sex and Gender in Society	3				
WGS	3280	Sociology of Masculinities & Manhood	3				
WGS	3460	Psychology of Women	3				
WGS	3500	Women of Color in the U.S.	3				
WGS	3850	Women in Politics	3				

HUMANITIES

Iowa State University Course

Community College Equivalent

Take 6 credits from the list below								
	AESHM	3420	Aesthetics of Consumer Experience	3				
	AF AM	2010	Intro to African American Studies	3				
	AF AM	3340	Africana Religions	3				
	AF AM	3470	Studies in African American Lit.	3				
	AF AM	3530	History of African Americans I	3				
	AF AM	3540	History of African Americans II	3				
	AM IN	2100	Introduction to American Indian Studies	3				
	AM IN	2400	Intro to American Indian Literature	3				
	AM IN	3460	American Indian Literature	3				
	AMD	2570	Museum Studies	3				
	AMD	3540	History of European & North Am. Dress	3				
	AMD	3560	History of 20 th Century Fashion	3				
	ARCH	2210	History of Pre-Modern Architecture	3				
	ARCH	4200	Topics in American Architecture	3				
Art History (ART H)					ART	190	History of Photography	3
					ART	203	Art History I	3
					ART	204	Art History II	3
	ASL	1010	American Sign Language I	4				
	ASL	1020	American Sign Language II	4				
	ASL	2010	Intermediate American Sign Lang. I	4				
	ASL	2020	Intermediate American Sign Lang. II	4				
Classical Studies (CL ST)								
	CMDIS	2860	Communicating with the Deaf	3				
	DANCE	2700	Dance Appreciation	3				
	DANCE	3600	History and Philosophy of Dance	3				
	DSN S	1830	Design in Context	3				
	ENGL	2010	Introduction to Literature	3	LIT	101	Intro to Literature	3
	ENGL	2250	Survey of British Literature to 1800	3				
	ENGL	2260	Survey of British Literature since 1800	3				
	ENGL	2270	Survey of Am. Lit to 1865	3	LIT	110	American Lit to Mid 1800's	3
	ENGL	2280	Survey of Am. Lit since 1865	3	LIT	111	American Lit since Mid 1800's	3
	ENGL	2370	Survey of Film History	3				
	ENGL	2400	Intro to American Indian Literature	3				
History <i>The courses on the right represent some of the options students can transfer in to meet a humanities gen ed. in history for the HDFS major. If the history course you wish to take is not on the list, please contact an Iowa State advisor to confirm the course will satisfy a social science gen ed.</i>					HIS	110	West Civ: Ancient-Early Modern	4
					HIS	111	West Civ: Early modern-present	4
					HIS	151	U.S. History to 1877	4
					HIS	152	U.S. History since 1877	4
					HIS	201	Iowa History	3
					HIS	211	Modern Asian History	3
					HIS	214	Russian History and Culture	3
					HIS	257	African American History	3
					HIS	274	Women's History: United States	3
	HSP M	2600	Global Tourism Management	3				
	MUSIC	1020	Music Appreciation	3	MUS	100	Music Appreciation	3
	MUSIC	3020	Masterpieces of Music & Art in Western Culture	3				
	MUSIC	3040	History of American Rock 'n' Roll	3				
	MUSIC	3830	History of Music I	3				
	MUSIC	3840	History of Music II	3				

Philosophy				PHI	101	Introduction to Philosophy	3
				PHI	105	Introduction to Ethics	3
				PHI	111	Basic Reasoning	3
Religious Studies (RELIG)				REL	101	Survey of World Religions	3
				REL	130	Intro to Religions of the East	3
				REL	140	Religion in the United States	3
				REL	150	Intro to the Bible	3
THTRE	1060	Introduction to Performing Arts	3	DRA	101	Introduction to Theatre	3
THTRE	1100	Theatre and Society	3				
THTRE	4650	Theatre History: Ancient - 19 th Cent.	3				
THTRE	4660	Theatre History: 19 th Cent-Present	3				
WGS	2010	Intro to Women's & Gender Studies	3				
WGS	3360	Religion and Gender	3				
WGS	3380	Feminist Philosophy	3				
WGS	3400	Women's Literature	3				
WGS	3450	Women & Lit.: Selected Topics	3				
WGS	3700	Studies in English Translation	3				
WGS	3740	Sex, Gender, & Culture in the Ancient Mediterranean World	3				
Arabic (ARABC)				FLA	141	Elementary Arabic I	4
				FLA	142	Elementary Arabic II	4
				FLA	241	Intermediate Arabic I	4
				FLA	241	Intermediate Arabic II	4
Chinese (CHIN)				FLC	141	Elementary Chinese I	4
				FLC	142	Elementary Chinese II	4
				FLC	241	Intermediate Chinese I	4
				FLC	241	Intermediate Chinese II	4
French (FRENCH)				FLF	151	Elementary French I	5
				FLF	152	Elementary French II	5
				FLF	241	Intermediate French I	4
				FLF	241	Intermediate French II	4
German (GER)				FLG	141	Elementary German I	4
				FLG	142	Elementary German II	4
				FLG	241	Intermediate German I	4
				FLG	241	Intermediate German II	4
Greek (GREEK)							
Spanish (SPAN)				FLS	151	Elementary Spanish I	5
				FLS	152	Elementary Spanish II	5
				FLS	181	Spanish for Heritage Speakers I	4
				FLS	241	Intermediate Spanish I	4

	FLS	242	Intermediate Spanish II	4
	FLS	281	Spanish for Heritage Speakers II	4
Russian (RUS)	FLR	141	Elementary Russian I	4
	FLR	142	Elementary Russian II	4
World Language and Culture (WLC)	FLI	141	Elementary Italian I	4
	FLI	142	Elementary Italian II	4
	FLI	241	Intermediate Italian I	4
	FLI	242	Intermediate Italian II	4
	FLJ	141	Elementary Japanese I	4
	FLJ	142	Elementary Japanese II	4
	FLJ	241	Intermediate Japanese I	4
	FLJ	242	Intermediate Japanese II	4

TOTAL GENERAL EDUCATION CREDITS REQUIRED: 38-39 CREDITS

REQUIRED CLASSES FOR THE HDFS MAJOR

HUMAN DEVELOPMENT AND FAMILY STUDIES CORE

<i>Iowa State University Course</i>		<i>Community College Equivalent</i>	
Take all courses listed below			
HD FS	1020	Human Development	3
			PSY 121 Developmental Psychology 3 & SOC 120 Marriage and Family 3
Note: Students need to take <u>BOTH</u> courses to receive credit in HD FS 102			
HD FS	1110	New Transfer Student Seminar	1
HD FS	1830	Personal Finance in Early Adult	1
HD FS	2180	Professional Orientation and Service Learning	2
HD FS	3690	Research Methods in HD FS	3
HD FS	4180 B	Prof Practice Reflection/Discussion Internships	2
HD FS	4790	Family Interaction Dynamics	3
HD FS	4910	Internship	8-9

INDIVIDUAL AND FAMILY DEVELOPMENT

Students will take 12 credits from the following

<i>Iowa State University Course</i>		<i>Community College Equivalent</i>	
Select 4 classes (12 credits) from the list below			
HD FS Or HDFS	2240 2230	Dev. In Young Children Birth-Age 8 Child Development and Health	3 3
			ECE 170 Child Growth & Development 3 + ECE 221 Infant/Toddler Care & Educ. 3 + ECE 243 Early Childhood Guidance 3 + ECE 343 Early Childhood Guidance lab 1
Note: Students need to take <u>ALL</u> courses to receive credit in HD FS 224			
HD FS	2260	Dev. & Guidance in Mid. Childhood	3
HD FS	2270	Adolescent & Emerging Adulthood	3
HD FS	2340	Adult Development	3
HD FS	2490	Parenting and Fam. Diversity Issues	3
HD FS	2700	Family Comm. & Relationships	3
HD FS	3770	Aging and the Family	3

TOTAL CORE AND DEVELOPMENTAL COURSE CREDITS REQUIRED: 35-36 CREDITS

HD FS PROGRAM FOCUS AREA

Students select one focus area below within the major:

Health, Well-Being, and Prevention

For students interested in working directly with those who need support or assistance, such as individuals with disabilities, justice-involved individuals, or older adults.

Students may also be interested in working with populations who have been negatively impacted by societal issues such as trauma, abuse, substance use, and family instability.

HDFS provides strong preparation for these entry-level positions as well as for the graduate degree programs required for professional level work in these fields.

Advocacy, Administration, and Policy

For students interested in careers that involve advocacy and non-profit work. These students can combine their knowledge of human development and intervention with good administrative and management skills to work at non-profit organizations focused on solving social problems.

These jobs involve less direct service and more program coordination and planning, developing public information materials and advocating for social change.

Child Development and Guidance*

For students interested in working with children. Students interested in careers that involve caring for and/or educating young children, will discover there are a number of opportunities within this area.

**Students interested in the non-licensure early childhood option should follow the Child Development and Guidance focus area.*

HEALTH, WELL-BEING, AND PREVENTION FOCUS

<i>Iowa State University Course</i>				<i>Community College Equivalent</i>			
Emphasis Classes. Select 4 classes (12 credits) from:							
HD FS	2760	Human Sexuality	3	PSY	261	Human Sexuality	3
HD FS	2830	Personal and Family Finance	3	FIN	121	Personal Finance	3
HD FS	3670	Abuse and Illness in Families	3				
HD FS	3730	Death as a Part of Living	3				
HD FS	3870	Applying Evidence Based Practices in Human Services	3				
HD FS	3950	Children, Families, and Public Policy	3				
Supporting Classes. Select 4 classes (12-13 credits) from:							
HD FS	2390	Consumer Issues	3				
HD FS	2400	Literature for Children	3	LIT	105	Children's Literature	3
HD FS	3410	Household Finance and Policy	3				
HD FS	3420	Guidance and Group Management in Early Childhood	3				
HD FS	3440	Programming for Children in Early Care and Education	4				
HD FS	3780	Retirement Plan & Employee Benefits	3				
HD FS	4490	Program Evaluation and Proposal Writing	3				
HD FS	4860	Administration of Human Services Program	3				
				HSV	109	Intro to Human Services	3

TOTAL CREDITS IN HEALTH, WELL-BEING, PREVENTION FOCUS REQUIRED: 24 CREDITS

ADVOCACY, ADMINISTRATION, AND POLICY

<i>Iowa State University Course</i>		<i>Community College Equivalent</i>					
Emphasis Classes. Select 4 classes (12 credits) from:							
HD FS	2390	Consumer Issues	3				
HD FS	3410	Household Finance and Policy	3				
HD FS	3780	Retirement Plan & Employee Benefits	3				
HD FS	3950	Children, Families, and Public Policy	3				
HD FS	4490	Program Evaluation and Proposal Writing	3				
HD FS	4860	Administration of Human Services Program	3				
Supporting Classes. Select 4 classes (12-13 credits) from:							
HD FS	2400	Literature for Children	3	LIT	105	Children's Literature	3
HD FS	2760	Human Sexuality	3	PSY	261	Human Sexuality	3
HD FS	2830	Personal and Family Finance	3	FIN	121	Personal Finance	3
HD FS	3420	Guidance and Group Management in Early Childhood	3				
HD FS	3440	Programming for Children in Early Care and Education	4				
HD FS	3600	Housing and Services for Families	3				
HD FS	3670	Abuse and Illness in Families	3				
HD FS	3730	Death as a Part of Living	3				
HD FS	3870	Applying Evidence Based Practice	3				
				HSV	109	Intro to Human Services	3

TOTAL CREDITS IN ADVOCACY, ADMINISTRATION, AND POLICY: 24 CREDITS

CHILD DEVELOPMENT AND GUIDANCE

CHILD DEVELOPMENT AND GUIDANCE								
<i>Iowa State University Course</i>					<i>Community College Equivalent</i>			
Emphasis Classes. Select 4 classes (12-13 credits) from:								
	HD FS	2400	Literature for Children	3	LIT	105	Children's Literature	3
	HD FS	3420	Guidance and Group Management in Early Childhood	3				
	HD FS	3440	Programming for Children in Early Care and Education	4				
	HD FS	3450	Adapting Programming in Inclusive Settings	3				
	HD FS	4560	Working with Families in Early Intervention	3				
	HD FS	4860	Administration of Human Services Program	3				
Supporting Classes. Select 4 classes (12 credits) from:								
	HD FS	2390	Consumer Issues	3				
	HD FS	2760	Human Sexuality	3	PSY	261	Human Sexuality	3
	HD FS	2830	Personal and Family Finance	3	FIN	121	Personal Finance	3
	HD FS	3410	Household Finance and Policy	3				
	HD FS	3600	Housing and Services for Families	3				
	HD FS	3670	Abuse and Illness in Families	3				
	HD FS	3730	Death as a Part of Living	3				
	HD FS	3780	Retirement Plan & Employee Benefits	3				
	HD FS	3870	Applying Evidence Based Practice	3				
	HD FS	3950	Children, Families, and Public Policy	3				
	HD FS	4490	Program Evaluation and Proposal Writing	3				
					HSV	109	Intro to Human Services	3
TOTAL CREDITS IN CHILD DEVELOPMENT AND GUIDANCE FOCUS REQUIRED: 24 CREDITS								